



# WOMENS REALITY DEFENSE SEMINAR

*“Where Attitude Is Everything”*



AUGUST 24<sup>th</sup> – FROM 12PM – 2PM

**V-Force Scientific Fighting Concepts:  
WOMEN WARRIORS WELCOME**

*A real system, with real results.*



Learn how to successfully defend yourself against larger,  
More skilled attackers, against rape, home invasion, kidnapping  
And much more under Chief Instructor Tommy DiLallo

Location: New York Self Defense Club – 953 Hempstead Tpke.  
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